



## FAYETTE COUNTY YOUTH SOCCER LEAGUE 2020 FALL SOCCER GUIDELINES

With the continued Novel Coronavirus pandemic in order to resume play this fall we must all follow the guidelines given here.

### TRAINING/PRACTICE GUIDELINES

- ★ A *COMMUNICABLE DISEASE RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT* must be signed for every participating player. A player may not participate without this document having been signed/agreed to by a parent or guardian of the player. These forms will be part of the player registration process.
- ★ A Player or Coach must have had no signs or symptoms of COVID-19 in the past 14 days and have no known exposure to someone that has been ill in 14 days.
- ★ A Player or Coach must have no above normal temperature readings (100.4°F); temperature checks should be conducted by players and their families prior to attending training.
- ★ Upon arrival to training, coaches or staff should ask each athlete if they are experiencing any signs or symptoms of COVID-19. If the athlete has any signs or symptoms of COVID-19, they should be sent home and instructed to contact their healthcare provider as soon as possible.
- ★ Players are to remain in their vehicles until no more than 5 minutes before their session is scheduled to begin. This is to help avoid contact between groups coming in for a session and groups leaving a prior session.
- ★ **Parents are to remain in their vehicles during the session unless wearing a mask/face covering.**
- ★ **Parents are not to be within 10 feet of the field during training.**
- ★ Upon arrival, players are to place their belongings at least 6 feet away from any one else's belongings.
- ★ Players should bring hand sanitizer with them for personal use.
- ★ Social distancing must be maintained through the session. This includes players and coaches.
- ★ Participants should use their own equipment and properly sanitize the equipment after every training session. Coaches should not provide bibs/pinnies. If players need to be distinguished they should bring different colored shirts with them.
- ★ Participants must use their own water bottles, towel and any other personal hygiene products.
- ★ Goals, cones and other coaching aids should be handled by coaches only.
- ★ As much as possible keep activities that may require direct between athletes to a minimum.
- ★ Establish a cleaning schedule/protocol for equipment with the proper use of disinfectant before, during, and after training.
- ★ Ensure participants are wearing appropriate personal protective equipment, (gloves, face mask, etc.)
- ★ No handshakes, high-5s or group celebrations are to be done after training or games. Consider alternatives that avoid contact like hand waves, gestures, etc.



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### COACH RESPONSIBILITIES FOR TRAINING:

- ★ Ensure the health and safety of the participants.
- ★ Inquire how the athletes are feeling. Send home anyone you believe acts or looks ill.
- ★ Follow all state and local health protocols and guidelines.
- ★ Ensure all athletes have their own individual equipment (ball, water, bag, extra shirt etc.)
- ★ Ensure coach is the only person to handle equipment (e.g. cones, disk etc.); do not enlist parental or attendee assistance.
- ★ All training should be conducted outdoors and compliant with social distancing per state or local health guidelines.
- ★ Coaches should maintain social distance requirements from players based on state and local health requirements.
- ★ Have fun, stay positive – players and parents are looking to you for leadership.

### PARENT RESPONSIBILITIES FOR TRAINING:

- ★ Ensure your child is healthy, and check your child's temperature before activities with others.
- ★ Consider not carpooling or very limited carpooling.
- ★ Stay in car or adhere to social distance requirements, based on state and local health requirements
- ★ **When at training, wear a mask if outside your car.**
- ★ Ensure child's clothing is washed after every training.
- ★ Ensure all equipment (cleats, ball, shin guards etc.) are sanitized before and after every training.
- ★ Notify your club immediately if your child becomes ill for any reason.
- ★ Do not assist your coach with equipment before or after training.
- ★ Be sure your child has necessary sanitizing products with them at every training.

### PLAYER RESPONSIBILITIES FOR TRAINING:

- ★ Wash hands thoroughly before and after training.
- ★ Bring, and use, hand sanitizer with you at every training.
- ★ Do not touch or share anyone else's equipment, water, food or bags.
- ★ Practice social distancing, place bags and equipment at least 6 feet apart.
- ★ Wash and sanitize all equipment before and after every training.
- ★ No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc.



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### ADDITIONAL GUIDELINES FOR GAMES

In addition to the above guidelines for training/practices the following must be observed for games:

- ★ **Spectators are to maintain social distancing between family groups on the touchline.**
- ★ **All spectators are to wear a mask/face covering once out of your vehicle.**
- ★ **No spectators are allowed within 10 feet of the playing field.**
- ★ **No parents/spectators are allowed to be on the same side of the field as the teams.**
- ★ Social distancing must be maintained whenever practical.
- ★ Families are encouraged to minimize the number of parents, siblings and guests coming to a game.
- ★ Players must use their own water bottles, towel and any other personal hygiene products.
- ★ Goals, cones and other coaching aids should be handled by coaches only.
- ★ No handshakes, high-5s or group celebrations are to be done after training or games. Consider alternatives that avoid contact like hand waves, gestures, etc.

### IN THE EVENT OF A POSITIVE COVID-19 TEST

- ★ Sick individuals should not attend a game nor training/practice and should notify FCYSL administrators at [info@fcysl.org](mailto:info@fcysl.org) if they or someone in their household become sick with COVID-19 symptoms, test positive for COVID-19, or have been exposed to someone suspected or confirmed to have COVID-19.
- ★ If a person who has been at training/practice or a game is found to have COVID-19, all areas that the person had been in contact with within the last 24 hours are to be closed until they can be disinfected. For our purposes that would mostly be player benches and possibly goals.
- ★ If a member of a team is found to have COVID-19, that person will be expected to self quarantine for at least 14 days. All team members will be notified. Parents can then make a decision regarding their child's participation.
- ★ More information can be found at <https://www.cdc.gov/coronavirus/2019-ncov/community/schools-childcare/youth-sports-faq.html>



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### CLUB RESPONSIBILITIES:

- ★ Create and distribute protocols to members.
- ★ Have an effective communication plan in place.
- ★ Identify strategies for working with public health officials to notify adult leaders, youth and their families if the organization becomes aware of a participant or adult leader has developed COVID-19 and may have been infectious to others while at a youth activity.
- ★ Maintain participant confidentiality regarding health status.
- ★ Be sensitive and accommodating to parents who may be uncomfortable with returning to play at this time.
- ★ Have an action plan in place, in case of notification of a positive test result.
- ★ Train and educate all staff on protocols and requirements, including state and local regulations, CDC recommendations and other necessary safety information.
- ★ Be prepared to shut down and stop operations.
- ★ Develop plans for temporary cancellation of outdoor activities or camps for proper disinfection.
- ★ Provide adequate field space for social distancing.
- ★ Develop a relationship and a dialogue with local health officials.